

North Boulder Recreation Center Lap Pool

January



The North Boulder Recreation Center is **open normal hours** on
Martin Luther King, Jr Day - **Monday, January 17, 2011**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	D3 Multisport 6:00-7:00 *5 lanes	Masters 6:00-8:00 *4 lanes	Lap Swim 6:00-9:00	Lap Swim 6:00-8:00	D3 Multisport 6:00-7:00 *5 lanes		
6:30am							
7:00am	Lap Swim 7:00-9:00	Drop-in H₂O Fitness 8:00-9:00 *5 lap lanes		Drop-in H₂O Fitness 8:00-9:00 *5 lap lanes	Lap Swim 7:00-9:00	Boulder Swimming 7:00-9:00 *3 lanes	Lap Swim
7:30am							
8:00am							Masters 8:00-9:30 *2 lanes
8:30am							
9:00am	Drop-in H₂O Fitness 9:00-10:00 *5 lap lanes	Lap Swim 9:00-11:00	Drop-in H₂O Fitness 9:00-10:00 *5 lap lanes		Drop-in H₂O Fitness 9:00-10:00 *5 lap lanes	Lessons 9:00-10:00 *7 lanes	Masters 9:30-10:30 *4 lanes
9:30am							
10:00am	Lap Swim		Lap Swim	Lap Swim 9:00-12:00	Lap Swim	BHS Swim 10:00-11:30 *6 lanes	
10:30am	Masters 10:30-11:30 *4 lanes	Tri Babes 11:00-12:00 *7 lanes	Masters 10:30-11:30 *4 lanes		Masters 10:30-11:30 *4 lanes		
11:00am							
11:30am							Lap Swim 10:30-1:00
12:00pm		Masters 12:00-1:00 *3 lanes		Masters 12:00-1:00 *3 lanes		Lap Swim 11:30-1:00	
12:30pm							
1:00pm	Lap Swim 11:30-3:30		Lap Swim 11:30-4:30	Lap Swim 1:00-3:30	Lap Swim 11:30-3:30	Open Swim 1:00-4:00 *4 lanes	Open Swim 1:00-3:00 *4 lanes
1:30pm		Lap Swim 1:00-3:30					
2:00pm							
2:30pm							
3:00pm							
3:30pm	BHS Swim 3:30-4:30 *5 lanes	BHS Swim 3:30-5:00 *3 lanes		*BHS Swim 3:30-5:00 *3 lanes	BHS Swim 3:30-4:30 *5 lanes		Lap Swim 3:00-5:00
4:00pm			BHS Swim 4:30-5:00 *2 lanes 5:00-5:30 *0 lanes				
4:30pm	Lap Swim 4:30-5:30 *2 lanes				Lap Swim 4:30-5:30 *2 lanes	Lap Swim 4:00-6:30	
5:00pm		Open Swim 5:00-7:00 *4 lanes	Swim Lessons 6:00-7:15 *7 lanes	Open Swim 5:00-7:00 *4 lanes	Open Swim 5:30-6:00 *6 lanes		
5:30pm							
6:00pm	Masters 6:00-7:00 *3 lanes						Synchro 5:00-7:30 *4 lanes
6:30pm							
7:00pm	Drop-in H₂O Fitness 7:00-8:00 *5 lap lanes	Lap Swim		BHS Swim 7:00-8:30 *2 lanes (not 1/27)			
7:30pm		BHS Swim 7:30-8:30 *2 lanes	Lap Swim 7:15-9:00				
8:00pm	Lap Swim 8:00-9:00	Lap Swim		Lap Swim			
8:30pm							
9:00pm							

*Indicates # of lap lanes available to public for lap swimming

1/16/2011

POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-413-7260 or go to www.boulderaquatics.org

